

2013 Dr. Brooks Valley Relays - 4/6/2013

Valley High School

Results - Dr. Brooks Coed Valley Relays

Event 1 Boys High Jump Varsity

Name	School	Finals
Finals		
1 Davis, Sydne	Dsm Roosevelt	6-06.00 10
2 Raab, Michael	Southeast Po	6-04.00 8
3 Morgan, Jeremy	Ic, West	6-02.00 6
4 Spears, Cameron	Ic- City Hig	5-10.00 5
5 Taylor, Ladarius	Ic- City Hig	J5-10.00 4
6 Skellenger, Collin	Valley- Wdm	J5-08.00 6
7 O'Connor, Kellen	Valley- Wdm	J5-08.00 7
8 Fritzjunker, Jack	Dsm Roosevelt	J5-08.00 1
--- Richards, Noah	Johnston	NH
--- Luckett, Monte	Southeast Po	NH

Event 2 Boys High Jump Junior Varsity

Name	School	Finals
Finals		
1 Siedenburger, Eric	Johnston	5-02.00 10
2 Prust, Adam	Valley- Wdm	J5-02.00 8
3 Huess, Andrew	Johnston	5-00.00 6
--- Groves, Aaron	Valley- Wdm	NH

Event 3 Girls High Jump Varsity

Name	School	Finals
Finals		
1 Rouw, Maddie	Waukee	5-06.00 10
2 Kamm, Emily	Waukee	5-00.00 8
3 Joens, Courtney	Ic- City Hig	4-10.00 6
4 Sirfus, Emma	Johnston	4-08.00 4.5
4 Goodwin, Hannah	DM Roosevelt	4-08.00 4.5
6 Papouchis, Samantha	Mason City	J4-08.00 3
7 Pope, Nikia	Johnston	4-06.00 2
8 Blowers, Sara	Ic- City Hig	4-04.00 1
--- Hammes, Racheal	DM Roosevelt	NH
--- Johnson, Myranda	Valley- Wdm	NH
--- Foust, Maddie	Valley Black	NH

Event 4 Girls High Jump Junior Varsity

Name	School	Finals
Finals		
1 Crist, Carly	Johnston	4-06.00 10
2 Hauber, Analiese	Waukee	4-04.00 8
3 Price, Rylee	Ic- City Hig	J4-04.00 6
4 Hartley, Annie	Ic- City Hig	J4-04.00 5
5 Teny, Goamar	DM Roosevelt	J4-04.00 4
6 Carpenter, Katie	Waukee	J4-04.00 3
7 Trost, Rebekah	Johnston	4-02.00 2
--- Moss, Desirae	DM Roosevelt	NH

Event 5 Boys Discus Throw Varsity

Name	School	Finals
Finals		
1 Leohr, Jake	Ic- City Hig	138-09 10
2 White, Connor	Johnston	133-03 8
3 Rezabek, Brock	Mason City	132-05 6
4 Abston, Larenz	Dsm Roosevelt	131-08 5

5 Campos, Jacob	Valley- Wdm	129-11 4
6 Nelson, Jacob	Ic, West	129-06 3
7 Haight, Colton	Ic, West	127-06 2
8 Burriola, Anthony	Southeast Po	119-09 1
9 Schiffer, Tom	Mason City	109-09
10 Myers, Cole	Valley- Wdm	109-00
11 Bartram, Nick	Southeast Po	100-06
12 Kleinschmidt, Jordan	Johnston	96-04
13 Odle, Tanner	Ic- City Hig	93-03
14 Martin, Jake	Dsm Roosevelt	80-04

Event 6 Boys Discus Throw Junior Varsity

Name	School	Finals
Finals		
1 Cronbaugh, Logan	Ic- City Hig	117-09 10
2 Beltrame, Alex	Johnston	115-10 8
3 Theisen, Travis	Johnston	115-05 6
4 Navarrette, Roldan	Ic- City Hig	108-02 5
5 Iannaccone, River	Dsm Roosevelt	100-10 4
6 Lucy, Jacob	Southeast Po	99-00 3
7 Starceovich, Luke	Southeast Po	96-06 2
8 Carlson, Tyler	Valley- Wdm	88-09 1
9 Adams, Ian	Valley- Wdm	85-05
10 Kofoot, Noah	Mason City	80-07
11 Swann, Javen	Mason City	77-09
12 Rollison, Jack	Dsm Roosevelt	73-00
13 Johnson, David	Hoover	57-09
14 Nguyen, Randy	Hoover	53-00

Event 7 Girls Discus Throw Varsity

Name	School	Finals
Finals		
1 Bramble, Erin	Waukee	127-08 10
2 Gustafson, Aliyah	Ic- City Hig	127-02 8
3 Cady, Alyssa	Waukee	119-00 6
4 Wells, Taylor	DM Roosevelt	114-05 5
5 Hunt, Alexa	DM Roosevelt	109-10 4
6 Lehman, Amara	Ic- City Hig	104-04 3
7 Larkin, Keely	Johnston	97-09 2
8 Young, Cheryl	Valley- Wdm	87-04 1
9 Rogers, Ariel	Valley Black	82-10
10 Bantz, Virginia	Valley Black	82-09
11 Wilson, Mari	Mason City	81-03
12 Hughes, Kim	Johnston	75-06
13 Brianna, Hale	DM Hoover Gi	62-05

Event 8 Girls Discus Throw Junior Varsity

Name	School	Finals
Finals		
1 Slaughter, Caroline	Waukee	109-10 10
2 Carlson, Zoe	Waukee	102-03 8
3 Pierotti, Bailey	Johnston	83-03 6
4 Burnhill, Eliyzha	DM Roosevelt	79-02 5
5 Jung, Lanee	Valley Black	69-02 3.5
5 Reyes, Miranda	Ic- City Hig	69-02 3.5
7 Palimore, Destinee	DM Roosevelt	68-06 2

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Finals ... (Event 8 Girls Discus Throw Junior Varsity)

Name	School	Finals
8 Harris, Jayden	Mason City	68-02 1
9 Fox, Hannah	Valley Black	64-09
10 Senteza, Dominique	Valley- Wdm	64-00
11 Harris, Sydnie	Ic- City Hig	62-10
12 Biley, Brigitte	Johnston	56-00

Event 9 Boys Shot Put Varsity

Name	School	Finals
Finals		
1 Campos, Jacob	Valley- Wdm	50-09.00 10
2 Abston, Larenz	Dsm Roosevelt	50-07.00 8
3 Odle, Tanner	Ic- City Hig	49-07.50 6
4 Kofoot, Noah	Mason City	47-09.50 5
5 Kragt, Elijah	Johnston	43-07.00 4
6 Lee, Matt	Ic- City Hig	43-04.00 3
7 Swann, Javen	Mason City	42-08.50 2
8 Rhulow, Jeff	Ic, West	42-06.00 1
9 Theisen, Travis	Johnston	41-03.00
10 Haight, Colton	Ic, West	41-00.00
11 Loggins, Romeir	Dsm Roosevelt	39-08.00
12 Lucy, Jacob	Southeast Po	37-11.00
13 Edwards, Ad	Hoover	33-01.50
14 Myers, Cole	Valley- Wdm	32-11.00
15 Cole, JJ	Southeast Po	32-08.00
16 McIntosh, TJ	Hoover	30-09.00

Event 10 Boys Shot Put Junior Varsity

Name	School	Finals
Finals		
1 Leohr, Jake	Ic- City Hig	44-05.00 10
2 Sexton, Brandon	Johnston	40-09.00 8
3 Navarrette, Roldan	Ic- City Hig	39-01.00 6
4 Hawkins, John	Dsm Roosevelt	38-09.00 5
5 Price, Raymon	Johnston	37-07.00 4
6 Pingel, Eric	Southeast Po	37-04.00 3
7 Waskel, Nathan	Southeast Po	34-00.00 2
8 Rollison, Jack	Dsm Roosevelt	32-00.00 1
9 Hughes, Michael	Mason City	30-04.00
10 Carlson, Tyler	Valley- Wdm	29-09.00
11 Nguyen, Randy	Hoover	26-09.00
12 Johnson, David	Hoover	24-05.00

Event 11 Girls Shot Put Varsity

Name	School	Finals
Finals		
1 Hunt, Alexa	DM Roosevelt	41-09.00 10
2 Gustafson, Aliyah	Ic- City Hig	41-02.00 8
3 Wells, Taylor	DM Roosevelt	39-06.00 6
4 Lehman, Amara	Ic- City Hig	36-11.00 5
5 Bramble, Erin	Waukee	35-01.50 4
6 Larkin, Keely	Johnston	35-01.00 3
7 Cavanaugh, Ellie	Waukee	34-08.50 2
8 Rogers, Ariel	Valley- Wdm	34-04.00 1
9 Young, Cheryl	Valley- Wdm	31-10.00

10 Jung, Lance	Valley Black	30-07.00
11 Hughes, Kim	Johnston	29-01.00
12 Wilson, Mari	Mason City	26-10.00
13 Davis, Rose	Valley Black	26-04.00
14 Brianna, Hale	DM Hoover	22-01.00
15 Harris, Jayden	Mason City	17-10.00

Event 12 Girls Shot Put Junior Varsity

Name	School	Finals
Finals		
1 Slaughter, Caroline	Waukee	33-04.00 10
2 Cady, Alyssa	Waukee	32-00.00 8
3 Embery, Loshika	Ic- City Hig	31-06.00 6
4 Palimore, Destinee	DM Roosevelt	27-06.00 5
5 Harris, Sydnie	Ic- City Hig	26-04.00 4
6 Pierotti, Bailey	Johnston	25-02.00 3
7 Biley, Brigitte	Johnston	24-04.00 2
8 Bolden, Sienna	DM Roosevelt	24-03.00 1
9 Johanns, Jordan	Mason City	22-07.50
10 Fox, Hannah	Valley Black	21-07.00

Event 13 Boys Long Jump Varsity

Name	School	Finals
Finals		
1 McQuerry, Tyson	Valley- Wdm	22-02.50 10
2 Williams, Cameron	Dsm Roosevelt	21-09.00 8
3 Smith, Tavian	Ic, West	21-02.00 6
4 Bonner, Reid	Ic, West	20-02.75 5
5 Runge, Bryson	Ic- City Hig	19-10.50 4
6 Jenkins, Jacob	Valley- Wdm	19-09.25 3
7 Salibi, De'Airus	Ic- City Hig	19-00.00 2
8 Davis, Chris	Southeast Po	17-07.25 1
9 Collison, Grant	Johnston	17-01.25
10 Russell, Dallin	Johnston	16-08.00

Event 14 Boys Long Jump Junior Varsity

Name	School	Finals
Finals		
1 Huess, Andrew	Johnston	19-08.50 10
2 Milani, John	Ic, West	19-05.00 8
3 Groves, Aaron	Valley- Wdm	17-11.25 6
4 Conicade, Rem	Johnston	17-05.75 5
5 Fellows, Griffin	Ic- City Hig	17-02.50 4
6 Gibbons, Issac	Mason City	15-08.50 3

Event 15 Girls Long Jump Varsity

Name	School	Finals
Finals		
1 Roberts-Lewis, Jalynn	DM Roosevelt	18-09.00 10
2 Washpun, Kiera	Ic- City Hig	17-09.50 8
3 Drees, Emma	Waukee	16-01.00 6
4 Vorba, Morgan	Mason City	15-07.75 5
5 Odir, Julia	DM Roosevelt	15-07.00 4
6 Engblom, Isabella	Johnston	15-00.50 3
7 Sanchez, Lilian	Valley- Wdm	14-06.00 2
8 Sanders, Natalie	Valley- Wdm	14-03.00 1

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Finals ... (Event 15 Girls Long Jump Varsity)

Name	School	Finals
9 Foster, Mikayla	Johnston	13-11.00
10 Allen, Jordan	Waukee	13-05.75
11 Andrew, Briana	Valley Black	13-04.00
12 Manektala, Mrinalini	Valley Black	13-01.00

Event 16 Girls Long Jump Junior Varsity

Name	School	Finals
Finals		
1 Carter, Briyana	DM Roosevelt	5-01.50 10
2 Baysinger, Megan	Valley- Wdm	14-04.00 8
3 Suther, Cassidy	Waukee	13-11.00 6
4 Davick, Shelby	Valley Black	13-05.75 5
5 Hall, A'Shae	Valley- Wdm	12-06.00 4
6 Gosnell, Emma Ann	Waukee	12-05.50 3
7 McLaughlin, Hannah	Mason City	12-05.00 2
8 Lorber, Ally	Johnston	11-11.75 1
9 Birkett, Sarah	Johnston	11-09.00
10 Sanchez, Alecia	Valley Black	10-07.00

Event 17 Girls 3000 Meter Run Varsity

Name	School	Finals
Finals		
1 Carman, Ellen	Ic- City Hig	10:43.46 10
2 Shepherd, Molly	Ic- City Hig	11:04.77 8
3 Carney, McKenzie	DM Roosevelt	11:19.00 6
4 Brown, Torey	Valley- Wdm	11:22.23 5
5 Ness, Sara	Johnston	11:23.66 4
6 Young, Bri	Waukee	11:33.00 3
7 Hicks, Elena	DM Roosevelt	11:36.00 2
8 Anderson, Maddie	Waukee	11:50.00 1
9 Rogers, Anne	Johnston	11:55.65
10 Kromminga, Sandra	Johnston	x11:55.87
11 Brown, Jenny	Waukee	x12:15.00
12 Ellis, Samantha	Valley- Wdm	12:19.26
13 Muyskens, Haley	Mason City	12:33.77
14 Weisshaar, Alex	Valley Black	12:59.56
15 Bjoin, Makalea	Mason City	14:24.09

Event 18 Girls 3000 Yard Run Junior Varsity

Name	School	Finals
Finals		
1 Siglin, Allison	Ic- City Hig	12:08.11 10
2 Kromminga, Sarah	Johnston	12:13.12 8
3 Thayer, Emma	Johnston	12:26.22 6
4 Daughhetee, Haley	Johnston	x12:47.14
5 Roethler, Hannah	Waukee	12:50.00 5
6 Jones, Trevi	Valley- Wdm	13:42.09 4
7 Lanham, Renee	Valley- Wdm	13:55.23 3
8 Tiefenthaler, Hailey	Waukee	14:28.00 2
9 Patchen, Erin	Mason City	14:43.10 1
10 Bettie, Kailyn	Mason City	15:00.33
--- Cary, Carson	DM Roosevelt	NT

Event 19 Boys 4x800 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Ic, West	A	8:08.58 10
2 Mason City	A	8:23.48 8
3 Johnston	A	8:24.54 6
4 Valley- Wdm	A	8:36.83 5
5 Dsm Roosevelt	A	8:40.39 4
6 Ic- City High	A	8:42.65 3
7 Southeast Polk	A	9:22.88 2
8 Hoover	A	10:05.37 1

Event 20 Boys 4x800 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Mason City	A	9:02.77 10
2 Dsm Roosevelt	A	9:11.26 8
3 Johnston	A	9:16.29 6
4 Valley- Wdm	A	9:35.58 5
5 Ic- City High	A	10:05.37 4

Event 21 Girls 4x800 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Valley- Wdm	A	9:40.65 10
2 Johnston	A	9:46.06 8
3 Waukee	A	9:53.35 6
4 Valley Black	A	9:54.24 5

Event 22 Girls 4x800 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Waukee	A	11:23.21 10
2 Johnston	A	11:23.34 8
3 Ic- City High	A	11:38.42 6
4 Mason City	A	11:55.43 5
5 Valley- Wdm	A	12:24.28 4

Event 23 Boys 3200 Meter Run Varsity

Name	School	Finals
Finals		
1 Anderson, Ben	Valley- Wdm	9:32.29 10
2 Gardarsson, Daniel	Ic, West	9:33.81 8
3 Wieland, Tyson	Johnston	9:39.19 6
4 Jensen, Isaac	Ic, West	9:41.33 5
5 Soto, Dan	Valley- Wdm	9:42.06 4
6 Westlake, Connor	Johnston	9:47.63 2.5
6 Ohrt, Chris	Ic- City Hig	9:47.63 2.5
8 Rinn, Greg	Valley- Wdm	10:17.01
9 Purdy, Jarrett	Ic- City Hig	10:42.76 1
10 VonderLinde, Kyle	Dsm Roosevelt	10:47.53
11 Dunlavey, David	Mason City	10:55.50
12 Arechavaleta, Alex	Southeast Po	11:24.79
13 Sunvold, Daniel	Southeast Po	11:51.68
14 Bourland, Ben	Hoover	12:35.62
15 Lehman, Shane	Southeast Pox	13:18.07

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Finals ... (Event 23 Boys 3200 Meter Run Varsity)

Name	School	Finals
16 Dejoode, Chris	Hoover	14:16.07

Event 24 Boys 3200 Meter Run Junior Varsity

Name	School	Finals
Finals		
1 Smith, Zachary	Johnston	10:52.72 10
2 Jansen, Jacob	Johnston	10:58.05 8
3 Arch, Joseph	Ic- City Hig	11:09.82 6
4 Anderson, Luke	Valley- Wdm	11:14.61 5
5 McCullough, Ryan	Valley- Wdm	11:18.60 4
6 Hardcastle, Aaron	Mason City	11:50.70 3
7 Navale, Aditya	Valley- Wdm	12:11.13
7 Collins, Nathan	Southeast Po	12:11.13 2
9 Manchester, Hunter	Mason City	12:16.21 1
10 Bender, Joel	Ic- City Hig	12:27.67

Event 25 Girls 4x100 Meter Shuttle Hurdle Varsity

Team	Relay	Finals
Finals		
1 Waukee	A	1:04.95 10
2 Valley- Wdm	A	1:06.63 8
3 Ic- City High	A	1:12.31 6
4 Valley Black	A	1:13.17 5
5 Mason City	A	1:14.17 4
6 Johnston	A	1:14.68 3
7 DM Roosevelt	A	1:15.79 2

Event 26 Girls 4x100 Meter Shuttle Hurdle Junior Varsity

Team	Relay	Finals
Finals		
1 Waukee	A	1:15.59 9
1 Valley- Wdm	A	1:15.59 9
3 Mason City	A	1:22.53 6
4 Johnston	A	1:24.57 5

Event 27 Boys 4x110 Meter Shuttle Hurdle Varsity

Team	Relay	Finals
Finals		
1 Valley- Wdm	A	1:00.96 10
2 Dsm Roosevelt	A	1:03.18 8
3 Ic, West	A	1:03.24 6
4 Ic- City High	A	1:04.34 5
5 Southeast Polk	A	1:05.76 4
6 Mason City	A	1:12.17 3

Event 28 Boys 4x110 Meter Shuttle Hurdle Junior Varsity

Team	Relay	Finals
Finals		
1 Valley- Wdm	A	1:04.81 10
2 Southeast Polk	A	1:10.69 8
3 Ic- City High	A	1:10.93 6
4 Johnston	A	1:14.33 5
5 Mason City	A	1:19.12 4

Event 29 Girls 100 Meter Dash Varsity

Name	School	Finals
Finals		
1 Sayeh, Agnes	DM Roosevelt	12.01 10
2 Iles, Katie	Valley- Wdm	12.55 8
3 Buss, Talia	Waukee	12.56 6
4 Carter, Briyana	DM Roosevelt	12.57 5
5 Witte, Shaye	Waukee	12.79 4
6 Cornick, Kendall	Mason City	12.97 3
7 Jung, Artorria	DM Hoover Gi	13.14 2
8 Chanthabouasy, Deon	Valley- Wdm	13.50 1
9 Geneser, Ellie	Valley Black	14.03
10 Buckallew, Megan	Johnston	14.04
11 Johnson, Edaisha	Ic- City Hig	14.29
12 VanBlair, Alexis	Valley Black	14.52
13 Spear, Nicky	Johnston	14.97

Event 30 Girls 100 Meter Dash Junior Varsity

Name	School	Finals
Finals		
1 Johnson, Jaelyn	DM Roosevelt	13.24 10
2 Smith, Daja	DM Hoover Gi	13.68 8
3 Koethe, Lexi	Waukee	13.91 6
4 Huseinbasic, Erma	Waukee	14.08 5
5 Smirnova, Maria	Valley- Wdm	14.22 4
6 Kosier, Addison	Ic- City Hig	14.25 3
7 Taylor, Asia	DM Roosevelt	14.59 2
8 Meierotto, Emily	Mason City	14.67 1
9 Watkins, Kenea	Valley Black	14.81
10 Heath, Mikayla	Ic- City Hig	14.96
11 Armstrong, Angela	Johnston	15.00
12 Schulte, Kelli	Valley- Wdm	15.22
13 Carpenter, Kim	Mason City	15.29
14 Spacek, Logan	Valley Black	15.58
15 Mielke, Jordan	Johnston	18.22

Event 31 Boys 100 Meter Dash Varsity

Name	School	Finals
Finals		
1 Smith, Tavian	Ic, West	10.83 10
2 Runge, Bryson	Ic- City Hig	10.89 8
3 Kuyetah, Moussa	Southeast Po	11.24 6
4 McGregor, Clyde	Dsm Roosevelt	11.27 5
5 Manektala, Yash	Valley- Wdm	11.28 4
6 Sanderson, Jacob	Ic, West	11.40 3
7 Koko, Mamoon	Hoover	11.48 2
8 Danielson, Matt	Mason City	11.56 1
9 Beem, Jordan	Southeast Po	11.57
10 Gloer, Michael	Ic- City Hig	11.58
11 Corcoran, Kevin	Mason City	12.25
12 Huess, Andrew	Johnston	12.27
13 Powley, Luke	Hoover	12.46
14 Russell, Dallin	Johnston	12.70

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Event 32 Boys 100 Meter Dash Junior Varsity

Name	School	Finals
Finals		
1 Philpot, Emmanuel	Southeast Po	11.29 10
2 Luckett, Monte	Southeast Po	11.30 8
3 Simmons, RJ	Valley- Wdm	11.37 6
4 Johnson, Tevin	Valley- Wdm	11.77 5
5 Stackhouse, Gage	Dsm Roosevelt	11.87 4
6 Martinez-Burney, James	Ic- City Hig	11.96 3
7 Watson, Demetrius	Dsm Roosevelt	11.97 2
8 Bui, Phillip	Ic- City Hig	12.02 1
9 Swesey, Cole	Johnston	12.51
10 Tornquist, Matt	Mason City	12.65
11 Gibbons, Issac	Mason City	12.71
12 Friestad, Bryon	Johnston	13.30

Event 35 Girls Distance Medley Varsity

Team	Relay	Finals
Finals		
1 Waukee	A	4:25.72 10
2 Mason City	A	4:31.27 8
3 Ic- City High	A	4:33.44 6
4 DM Roosevelt	A	4:45.90 5
5 Valley- Wdm	A	4:49.32 4
6 Johnston	A	4:49.96 3
7 Valley Black	A	4:57.31 2

Event 36 Girls Distance Medley Junior Varsity

Team	Relay	Finals
Finals		
1 DM Roosevelt	A	4:49.33 10
2 Waukee	A	4:54.70 8
3 Ic- City High	A	4:56.30 6
4 Johnston	A	5:01.81 5
--- Valley- Wdm	A	DQ

Event 37 Girls 400 Meter Dash Varsity

Name	School	Finals
Finals		
1 Smith, Keely	Waukee	1:01.66 10
2 Seibel, Emily	Valley- Wdm	1:02.17 8
3 Brown, Ashley	DM Roosevelt	1:03.31 6
4 Allen, Jordan	Waukee	1:03.63 5
5 Jung, Artorria	DM Hoover Gi	1:05.40 4
6 Bierbaum, Jessica	Valley Black	1:05.71 3
7 Caseley, Lauren	Valley- Wdm	1:05.91 2
8 Whitaker, Tyanna	DM Roosevelt	1:08.55 1
9 Puok, Nyachristmas	DM Hoover Gi	1:09.23
10 Spear, Nicky	Johnston	1:10.65
11 MacDougall, Kaleigha	Valley Black	1:10.87
12 Sirfus, Emma	Johnston	1:13.03

Event 38 Girls 400 Meter Dash Junior Varsity

Name	School	Finals
Finals		
1 Behrens, Christina	Waukee	1:07.45 10

2 Feaker, Macy	Waukee	1:08.38 8
3 Coomes, Natalie	Johnston	1:10.72 6
4 Price, Rylee	Ic- City Hig	1:11.50 5
5 Caffrey, Kelsey	Johnston	1:11.76 4
6 Corcoran, Keeghan	DM Roosevelt	1:11.81 3
7 Burkhall, Meredith	DM Roosevelt	1:13.03 2
8 Krutsinger, Karly	Mason City	1:16.68 1
9 Kruse, Maddy	Mason City	1:18.86

Event 39 Boys 400 Meter Dash Varsity

Name	School	Finals
Finals		
1 Noureldaim, Ahmed	Ic, West	50.35 10
2 Dorman, Ryan	Ic- City Hig	50.52 8
3 Preston, Colton	Hoover	51.29 6
4 Floss, Caleb	Valley- Wdm	52.55 5
5 Feeley, Matt	Ic, West	52.65 4
6 Worth, Blake	Valley- Wdm	53.61 3
7 Drees, Chase	Southeast Po	53.98 2
8 Roosa, Tim	Southeast Po	54.57 1
9 Odir, Joseph	Dsm Roosevelt	54.60
10 Aumuller, Josef	Ic- City Hig	54.62
11 Lewis-Douglass, Tae	Hoover	57.11
12 Siedenburger, Eric	Johnston	59.37
13 Rowe, Jordan	Mason City	1:02.09
14 Gudino, Juan	Mason City	1:02.59

Event 40 Boys 400 Meter Dash Junior Varsity

Name	School	Finals
Finals		
1 Freiburg, Jared	Valley- Wdm	56.80 10
2 Pellegrino, Jacob	Southeast Po	57.31 8
3 Skellenger, Collin	Valley- Wdm	57.52 6
4 LaMarche, Matt	Ic- City Hig	57.62 5
5 Donnelly, Luke	Dsm Roosevelt	58.66 4
6 King, Jason	Dsm Roosevelt	1:00.23 3
7 Davis, Chris	Southeast Po	1:00.92 2
8 Larson, Matt	Johnston	1:02.52 1
9 Vonderheid, Michael	Johnston	1:02.63
10 Fletcher, Erick	Ic- City Hig	1:03.90
11 Hall, Jordan	Mason City	1:04.79

Event 43 Girls 4x200 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Waukee	A	1:47.24 10
2 Johnston	A	1:49.73 8
3 Ic- City High	A	1:53.04 6
4 Valley- Wdm	A	1:53.64 5
5 Valley Black	A	1:57.57 4
6 Mason City	A	2:01.63 3

Event 44 Girls 4x200 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Waukee	A	1:53.11 10

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Finals ... (Event 44 Girls 4x200 Meter Relay Junior Varsity)

Team	Relay	Finals
2 Ic- City High	A	1:56.07 8
3 DM Roosevelt	A	1:57.14 6
4 Johnston	A	2:03.42 5
5 Mason City	A	2:05.28 4
6 Valley- Wdm	A	2:09.77 3
7 Valley Black	A	2:10.74 2

Event 45 Boys 4x200 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Southeast Polk	A	1:32.92 10
2 Ic, West	A	1:33.71 8
3 Valley- Wdm	A	1:34.67 6
4 Ic- City High	A	1:35.41 5
5 Dsm Roosevelt	A	1:35.46 4
6 Johnston	A	1:47.83 3

Event 46 Boys 4x200 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Dsm Roosevelt	A	1:37.99 10
2 Valley- Wdm	A	1:38.13 8
3 Southeast Polk	A	1:39.44 6
4 Ic- City High	A	1:39.58 5
5 Mason City	A	1:45.96 4

Event 47 Girls 100 Meter Hurdles Varsity

Name	School	Finals
Finals		
1 Rouw, Maddie	Waukee	14.77 10
2 Smith, Mallory	Waukee	15.29 8
3 Matthews, Chloe	Valley- Wdm	15.79 6
4 Young, Courtney	Valley- Wdm	16.16 5
5 Young, Emma	Valley Black	16.39 4
6 Devens, Kaari	Johnston	16.51 3
7 Perez, Terra	Ic- City Hig	17.09 2
8 Cline, Sydney	Valley Black	17.10 1
9 Miller, Aspen	Ic- City Hig	17.11
10 Schnack, McKenna	DM Roosevelt	17.55
11 Schupanz, Abbi	Mason City	17.59
12 Mason, Hannah	DM Roosevelt	17.76
13 King, Jenny	Mason City	17.99
14 Miller, Madeline	Johnston	19.48

Event 48 Girls 100 Meter Hurdles Junior Varsity

Name	School	Finals
Finals		
1 Drees, Emma	Waukee	16.12 10
2 Kamm, Emily	Waukee	16.59 8
3 Johnson, Micala	Valley- Wdm	17.00 6
4 Windschitl, Elke	Ic- City Hig	17.71 5
5 Young, Alexis	Valley Black	18.20 4
6 Weier, Kalason	Valley- Wdm	18.25 3
7 Crist, Carly	Johnston	18.28 2

8 Dahlquist, McKenna	Mason City	18.49 1
9 Engblom, Isabella	Johnston	19.18
10 Johnson, Jaelyn	DM Roosevelt	19.25
11 Brunsvold, Sharla	Mason City	19.45
12 Alderson, Lauryn	Ic- City Hig	20.03
13 Dok, Angier	DM Roosevelt	21.02
14 Adamson, Jazmine	Valley Black	21.04

Event 49 Boys 110 Meter Hurdles Varsity

Name	School	Finals
Finals		
1 Davis, Sydne	Dsm Roosevelt	14.49 10
2 Phothisbopha, Davonn	Southeast Po	14.82 8
3 Gilbaugh, Andrew	Ic, West	15.14 6
4 Tang, Lucas	Valley- Wdm	15.16 5
5 Butler, Kole	Ic- City Hig	15.30 4
6 Young, Elliot	Ic, West	16.08 3
7 Wingert, Jason	Southeast Po	16.14 2
8 Leohr, Jake	Ic- City Hig	17.10 1
9 O'Connor, Kellen	Valley- Wdm	17.12

Event 50 Boys 110 Meter Hurdles Junior Varsity

Name	School	Finals
Finals		
1 Skellenger, Collin	Valley- Wdm	16.52 10
2 Elmitt, Trevor	Valley- Wdm	16.83 8
3 Raab, Michael	Southeast Po	18.48 6
4 Scott, Shamari	Ic- City Hig	18.76 5
5 Salyers, Hunter	Southeast Po	19.20 4
6 Jones, Jason	Ic- City Hig	19.62 3

Event 51 Boys 1600 Meter Run Varsity

Name	School	Finals
Finals		
1 Wetherell, Bailey	Ic, West	4:25.77 10
2 Price, Brook	Ic- City Hig	4:26.14 8
3 Gardarsson, Daniel	Ic, West	4:33.61 6
4 Anderson, Ben	Valley- Wdm	4:35.92 5
5 Soto, Dan	Valley- Wdm	4:39.91 4
6 Hershey, Drew	Johnston	4:40.29 3
7 Caracci, Jeremy	Johnston	4:43.62 2
8 Suttie, Grant	Dsm Roosevelt	4:45.07 1
9 Ohrt, Chris	Ic- City Hig	4:48.03
10 Pellegrino, Ethan	Southeast Po	4:51.49
11 Wiemers, Jacob	Valley- Wdm	4:52.26
12 Clouse, Drake	Southeast Po	4:59.26
13 Prentice, Caleb	Dsm Roosevelt	5:10.93

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Event 52 Boys 1600 Meter Run Junior Varsity

Name	School	Finals
Finals		
1 Schmitt, Trevor	Valley- Wdm	4:52.15 10
2 Toomey, Jordan	Southeast Po	4:55.28 8
3 Omar, Abdi	Dsm Roosevel	5:02.72 6
4 Harte, Neil	Ic- City Hig	5:03.59 5
5 Glandorf, Myles	Johnston	5:04.46 4
6 Peterson, Andy	Ic- City Hig	5:04.82 3
7 Lehman, Dalten	Southeast Po	5:10.03 2
8 Cooper, Braden	Johnston	5:20.75 1
9 Hilzendeger, Nick	Valley- Wdm	5:21.28
10 Gustafson, Grant	Valley- Wdm	x5:24.14
11 Hardcastle, Aaron	Mason City	5:37.56
12 Oswald, Henry	Dsm Roosevel	5:37.59

Event 53 Girls 800 Meter Run Varsity

Name	School	Finals
Finals		
1 Ihedilionye, Joy	DM Roosevelt	2:19.08 10
2 Sabotin, Kayla	Waukee	2:19.83 8
3 Lewis, Erika	Waukee	2:20.33 6
4 Traore, Soumba	Ic- City Hig	2:29.49 5
5 Shepherd, Melissa	Valley- Wdm	2:31.70 4
6 Hingl, Gretta	Valley- Wdm	2:34.21 3
7 Neustrom, Kara	Valley Black	2:35.30 2
8 Traore, Aminata	Ic- City Hig	2:35.56 1
9 Renner, Andrea	Johnston	2:37.22
10 Berg, Alaina	Mason City	2:45.19
11 Kromminga, Sandra	Johnston	2:46.80
12 Kim, Maddie	Mason City	2:51.62
13 Toang, Nyayop	DM Hoover Gi	3:13.02

Event 54 Girls 800 Meter Run Junior Varsity

Name	School	Finals
Finals		
1 Butikofer, Ciarra	Ic- City Hig	2:39.55 10
2 Krohnke, Caitlin	Waukee	2:44.46 8
3 Voss, Sarah	DM Roosevelt	2:52.21 6
4 Rice, Kristina	Johnston	2:52.53 5
5 Carroll, Georgia	Johnston	3:03.22 4
6 Day, Sydney	Waukee	3:04.80 3
7 Lanham, Renee	Valley- Wdm	3:07.41 2
8 Patchen, Erin	Mason City	3:08.65 1
9 Bennett, Parris	Mason City	3:14.18
10 Rhein, Jenna	Valley- Wdm	3:26.27

Event 55 Men 800 Meter Dash Masters

Name	School	Finals
Finals		
1 Trefz, Thos	Ic- City Hig	2:15.79
2 Dyer, Jeff	Unattached	2:18.32
3 Graf, Joe	Ic- City Hig	2:34.14
4 Hennes, Patrick	Johnston	2:35.95

Event 56 Girls 200 Meter Dash Varsity

Name	School	Finals
Finals		
1 Crew, Claire	Ic- City Hig	26.54 10
2 Iles, Katie	Valley- Wdm	26.59 8
3 Buss, Talia	Waukee	27.04 6
4 Jung, Artorria	DM Hoover Gi	28.17 5
5 Carlson, Emily	Waukee	28.46 4
6 Schnack, McKenna	DM Roosevelt	28.65 3
7 Musa, Sarah	DM Roosevelt	28.70 2
8 Carroll, Sashay	Ic- City Hig	29.56 1
9 Penn, Katie	Mason City	29.67
10 Smith, Daja	DM Hoover Gi	29.74
11 Johnson, Myranda	Valley- Wdm	29.75
12 Buckallew, Megan	Johnston	30.02
13 Etzel, Sadie	Valley Black	30.22
14 Sirfus, Emma	Johnston	30.37
15 MacDougall, Kaleigha	Valley Black	31.14

Event 57 Girls 200 Meter Dash Junior Varsity

Name	School	Finals
Finals		
1 Huseinbasic, Erma	Waukee	29.74 10
2 Bierbaum, Jessica	Valley- Wdm	30.95 8
3 Gosnell, Emma Ann	Waukee	31.29 6
4 Hudson, Essence	DM Roosevelt	31.40 5
5 Langenfeld, Hannah	Ic- City Hig	32.07 4
6 Birkett, Sarah	Johnston	32.11 3
7 Carter, Maleika	DM Roosevelt	32.34 2
8 Andreasson, Fredrika	Johnston	32.57 1
9 Heath, Mikayla	Ic- City Hig	32.88
10 Wendel, Alyssa	Mason City	33.43
11 Colby, Abigail	Valley- Wdm	33.55
12 Barker, Breanna	Valley Black	33.87
13 Newlander, Lara	Valley Black	34.91
14 Phillips, Halle	Mason City	35.38

Event 58 Boys 200 Meter Dash Varsity

Name	School	Finals
Finals		
1 Runge, Bryson	Ic- City Hig	22.54 10
2 Smith, Tavian	Ic, West	22.60 8
3 Williams, Cameron	Dsm Roosevel	23.17 6
4 Peterson, Royce	Ic, West	23.20 5
5 Dorman, Ryan	Ic- City Hig	23.48 4
6 Manektala, Yash	Valley- Wdm	23.90 3
7 Bell, Trevor	Valley- Wdm	23.92 2
8 McGregor, Clyde	Dsm Roosevel	24.00 1
9 Drees, Chase	Southeast Po	24.50
10 Phothisboup, Davonn	Southeast Po	25.28
11 Corcoran, Kevin	Mason City	25.75
12 Russell, Dallin	Johnston	27.02
13 Chestnut, Tyland	Hoover	27.48
14 Koko, Mamoon	Hoover	28.71

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Event 59 Boys 200 Meter Dash Junior Varsity

Name	School	Finals
Finals		
1 Rager, Tyler	Southeast Po	23.76 10
2 Andrew, Scott	Valley- Wdm	24.16 8
3 Johnson, Tevin	Valley- Wdm	24.35 6
4 Christensen, Bryon	Johnston	24.53 5
5 James, Alec	Ic- City Hig	24.78 4
6 Martinez-Burney, James	Ic- City Hig	25.45 3
7 jones, nico	Dsm Roosevel	25.64 2
8 Watson, Demetrius	Dsm Roosevel	26.31 1
9 Hall, Jordan	Mason City	27.68
10 Friestad, Bryon	Johnston	28.08
11 Foster, Ethan	Mason City	28.65

Event 62 Girls 400 Meter Hurdles Varsity

Name	School	Finals
Finals		
1 Plock, Sarah	Ic- City Hig	1:05.03 10
2 Matthews, Chloe	Valley- Wdm	1:08.34 8
3 Drees, Emma	Waukee	1:08.56 6
4 Young, Courtney	Valley- Wdm	1:09.50 5
5 Rouw, Maddie	Waukee	1:09.80 4
6 Dok, Angier	DM Roosevelt	1:13.73 3
7 Foust, Maddie	Valley Black	1:13.82 2
8 Cline, Sydney	Valley Black	1:13.84 1
9 Thompson, Stella	Ic- City Hig	1:15.92
10 Pope, Nikia	Johnston	1:21.08

Event 63 Girls 400 Meter Hurdles Junior Varsity

Name	School	Finals
Finals		
1 Glenn, Christine	Waukee	1:17.91 10
2 Mason, Hannah	DM Roosevelt	1:17.98 8
3 Alonzo, Lizzie	Johnston	1:23.26 6
4 Drees, Elizabeth	Waukee	1:25.84 5

Event 64 Boys 400 Meter Hurdles Varsity

Name	School	Finals
Finals		
1 Traore, Mohamed	Ic- City Hig	56.84 10
2 Gilbaugh, Andrew	Ic, West	57.50 8
3 Feeley, Matt	Ic, West	58.08 6
4 Gjersvik, Wade	Southeast Po	1:00.26 5
5 McQuerry, Tyson	Valley- Wdm	1:04.59 4
6 Slaven, Quinn	Mason City	1:05.43 3
7 Methlie, Heath	Southeast Po	1:09.25 2

Event 65 Boys 400 Meter Hurdles Junior Varsity

Name	School	Finals
Finals		
1 Umthun, Justin	Valley- Wdm	1:05.24 10
2 Scott, Shamari	Ic- City Hig	1:05.92 8
3 Coleman, Marcus	Johnston	1:06.69 6
4 Spotts, Mac	Mason City	1:07.93 5
5 Maahs, Cooper	Johnston	1:08.72 4

6 Jones, Jason	Ic- City Hig	1:09.07 3
7 Marlowe, Ben	Mason City	1:09.37 2
8 Duer, Adrian	Southeast Po	1:10.40 1

Event 66 Boys 1600 Sprint Medley Varsity

Team	Relay	Finals
Finals		
1 Southeast Polk	A	3:44.15 10
2 Ic, West	A	3:44.38 8
3 Valley- Wdm	A	3:46.50 6
4 Johnston	A	3:53.16 5
5 Ic- City High	A	3:53.31 4
6 Mason City	A	4:00.77 3

Event 67 Boys 1600 Sprint Medley Junior Varsity

Team	Relay	Finals
Finals		
1 Dsm Roosevelt	A	4:01.89 10
2 Southeast Polk	A	4:02.60 8
3 Valley- Wdm	A	4:02.61 6
4 Ic- City High	A	4:11.07 5
5 Mason City	A	4:46.99 4

Event 68 Girls 800 Sprint Medley Varsity

Team	Relay	Finals
Finals		
1 DM Roosevelt	A	1:52.40 10
2 Waukee	A	1:55.86 8
3 Mason City	A	1:59.30 6
4 Valley- Wdm	A	2:04.43 5
5 Valley Black	A	2:11.18 4
6 Johnston	A	2:14.21 3

Event 69 Girls 800 Sprint Medley Junior Varsity

Team	Relay	Finals
Finals		
1 Waukee	A	2:00.53 10
2 DM Roosevelt	A	2:09.96 8
3 Ic- City High	A	2:11.79 6
4 Valley- Wdm	A	2:16.53 5
5 Johnston	A	2:16.73 4
6 Mason City	A	2:19.83 3

Event 70 Girls 1500 Meter Run Varsity

Name	School	Finals
Finals		
1 Saggau, Lydia	Valley- Wdm	4:51.00 10
2 Kleve, Jordyn	Johnston	4:54.86 8
3 Schott, Megan	DM Roosevelt	4:56.80 6
4 Foldes, Kenzie	Johnston	5:01.85 5
5 Ihedilionye, Joy	DM Roosevelt	5:12.75 4
6 Nelson, Katie	Waukee	5:20.82 3
7 Buchanan, Emma	DM Roosevelt	5:21.91
8 Brown, Torey	Valley- Wdm	5:26.40 1.5
8 Shryack, Megan	Waukee	5:26.40 1.5
10 Toot, Anna	Johnston	x5:27.75
11 Ellis, Samantha	Valley Black	5:33.55

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Finals ... (Event 70 Girls 1500 Meter Run Varsity)

Name	School	Finals
12 Penca, Kenzie	Mason City	5:49.95
13 Anglea, Haley	Valley Black	6:00.33
14 Krutsinger, Karly	Mason City	6:10.48

Event 71 Girls 1500 Meter Run Junior Varsity

Name	School	Finals
Finals		
1 Rogers, Anne	Johnston	5:38.85 10
2 Summers, Jordan	DM Roosevelt	5:45.69 8
3 Mason, Katie	DM Roosevelt	5:45.96 6
4 Flesch, Madi	Waukee	5:47.92 5
5 Lewers, Riley	Ic- City Hig	5:52.92 4
6 Voss, Sarah	DM Roosevelt	5:54.70
7 Brown, Amanda	Valley- Wdm	5:56.28 3
8 Shutt, Izzy	Ic- City Hig	5:58.46 2
9 Weisshaar, Alex	Valley Black	6:10.15 1
10 Nelson, Kara	Valley- Wdm	6:13.05
11 Casey, Lauren	Mason City	6:35.00
12 Reed, Elizabeth	Valley Black	6:38.50
13 Lentell, Anastasia	Waukee	6:41.93

Event 72 Boys 800 Meter Run Varsity

Name	School	Finals
Finals		
1 Price, Brook	Ic- City Hig	2:02.89 10
2 Tigges, Ryan	Johnston	2:06.33 8
3 Karanja, Patrick	Ic, West	2:06.47 6
4 Sloan, Andrew	Mason City	2:06.55 5
5 Anderson, Ben	Valley- Wdm	2:09.82 4
6 Daft, David	Valley- Wdm	2:10.47 3
7 Clouse, Drake	Southeast Po	2:10.80 2
8 Fritzjunker, Jack	Dsm Roosevelt	2:15.91 1
9 Prentice, Caleb	Dsm Roosevelt	2:16.10
10 Pellegrino, Ethan	Southeast Po	2:16.45
11 Dunlavey, David	Mason City	2:20.96

Event 73 Boys 800 Meter Run Junior Varsity

Name	School	Finals
Finals		
1 Stewart, Thomas	Dsm Roosevelt	2:10.90 10
2 Borwick, Josh	Johnston	2:11.90 8
3 Toomey, Jordan	Southeast Po	2:12.28 6
4 Ritter, Hugh	Ic- City Hig	2:12.74 5
5 Purdy, Jarrett	Ic- City Hig	2:13.95 4
6 Hershey, Drew	Johnston	2:15.10 3
7 Harata, Nobuki	Ic, West	2:20.59 2
8 Frenz, Nicholas	Mason City	2:21.47 1
9 Nicolet, Chris	Valley- Wdm	2:30.41
10 Oswald, Henry	Dsm Roosevelt	2:37.33

Event 74 Girls 4x100 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 DM Roosevelt	A	49.00 10

2 Waukee	A	51.05 8
3 Ic- City High	A	52.00 6
4 Johnston	A	53.00 5
5 Valley- Wdm	A	53.71 4
6 Valley Black	A	55.17 3

Event 75 Girls 4x100 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Waukee	A	54.11 10
2 DM Roosevelt	A	54.14 8
3 Ic- City High	A	56.65 6
4 Johnston	A	59.26 5
5 Mason City	A	59.50 4
6 Valley Black	A	59.62 3

Event 76 Boys 4x100 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Johnston	A	43.52 10
2 Ic, West	A	43.62 8
3 Ic- City High	A	43.88 6
4 Dsm Roosevelt	A	44.60 5
5 Valley- Wdm	A	44.81 4
6 Southeast Polk	A	47.45 3
7 Mason City	A	50.63 2

Event 77 Boys 4x100 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Southeast Polk	A	46.67 10
2 Ic- City High	A	46.68 8
3 Dsm Roosevelt	A	47.22 6
4 Valley- Wdm	A	47.26 5
5 Johnston	A	47.90 4
6 Mason City	A	54.86 3

Event 78 Girls 4x400 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Mason City	A	4:25.58 10
2 Ic- City High	A	4:26.91 8
3 Waukee	A	4:33.41 6
4 Johnston	A	4:47.88 5
5 Valley- Wdm	A	4:55.78 4
6 Valley Black	A	5:06.25 3

Event 79 Girls 4x400 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Waukee	A	4:05.59 10
2 Ic- City High	A	4:11.22 8
3 DM Roosevelt	A	4:16.82 6
4 Valley- Wdm	A	4:21.19 5
5 Valley Black	A	4:32.39 4

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	Team	Relay	Finals	
Finals				
1	Ic- City High	A	3:48.83	10
2	Southeast Polk	A	3:49.83	8
3	Valley- Wdm	A	3:57.42	6
4	Dsm Roosevelt	A	3:58.17	5
5	Johnston	A	4:08.52	4

Event 81 Boys 4x400 Meter Relay Varsity

Team		Relay	Finals	
Finals				
1	Ic- City High	A	3:30.28	10
2	Ic, West	A	3:30.85	8
3	Southeast Polk	A	3:38.20	6
4	Dsm Roosevelt	A	3:43.70	5
5	Johnston	A	3:44.50	4
6	Valley- Wdm	A	3:53.70	3